

KÖRPERVERSTAND.

TANZTHEATER WIEN

Ich Gegen Mich

Körperverstand. Tanztheater Wien

Performance, Dance-theatre , 50 Min, 12+



**Not a child anymore and not yet a grown-up – a bold and direct dance
performance about those years called adolescence**

With pain but also with tremendous joy I realise that my childhood is over. I'm not a child and not a grown-up yet, stuck in adolescence. Permanently fighting my parents, my friends, myself, life - fighting the whole world, but being full of fear and doubts. The light-hearted spirit of my childhood is gone. Instead uncontrollable changes in my body and soul take over. My thoughts become conflicts with myself and other people - a daily fight against

myself for myself. I drown in disorientation and comparison to other people. And I have so many questions: Who am I? What's my truth? Where is my place to be? What are my dreams and goals? When is the time going to come and what will it do to me? And do I really have to grow up?

A young woman is ready to fight her fear and doubts in order to grow up. Whatever may come, she wants to face it!

A dance performance following a child's transformation into an adolescent, revealing all her emotions - self-destructive but beautiful at once.

Information Association & Company

The company **Körperverstand. Tanztheater Wien** founded by Steffi Jöris and Anna-Luise Braune puts their artistic focus on the symbiosis of mind and body, mirrored on stage by the artistic components of theatre and dance. Their aim is to evolve from the limited possibilities of one genre, be it physical (dance) or intellectual (spoken word), to combine those elements in a symbiotic performance on stage. Because human beings themselves consist of body and mind, emotion and reason. In everyday life as well as in the arts these essential components of the human nature are often separated – mind vs body, theatre vs dance. The resulting tension and opposition inspires Körperverstand to develop their own form and language on stage. Dealing with topics that affect young people emotionally and intellectually, we want to create an appeal for modern theatre in young audiences worldwide.

Cast & Crew

Concept: Steffi Jöris | **Choreography** Steffi Jöris, Maartje Pasman | **Author:** Anna-Luise Braune | **Dramaturgy:** Julia Perschon | **Text:** Julia Perschon, Flo Staffelmayer | **Composition, Music:** Raphael Zawia | **Piano:** Jacco Jöris | **Light, design:** Katja Thürriegl, Mirza Kebo | **Costumes:** Lou Palme | **Dancer:** Steffi Jöris

Thanks to: Paul Bruckmann, Lea Ullman, Peter Gottinger, Ben Lustig, Silke Braune, Barbara Sommerer, Rino Indiono, Nikki Jöris, Eva Bauriedl

Press:

“Wild, aggressive, desperate, bold, bashful and... funny” **(Falter)**

“One hour of extreme physical performance coming across so easy and playful - this is Steffi Jöris’ achievement in ‘Ich gegen mich’, a very atmo-spheric dance performance about adolescence.” **(Kurier)**

“The 27-year-old dancer from the Netherlands wins the sympathies of the audience in her piece ‘Ich gegen mich’. Someone currently going through the same experiences might be awkwardly embarrassed by the direct approach of the dancer - as it is during adolescence. [...] the young dancer wins the audience with her presence and relentless commitment.”
(tanz.at)

<http://www.koerperverstand.com>